

# How to Use the Cultivate Practice Guide for Home Groups

Welcome to the Cultivate Practice Guide! This guide is designed to help your home group grow in faith, love, and engagement with God. Here's a step-by-step guide on how to use this material effectively during your group meetings.

## 1. Opening the Meeting

- **Begin with a Thought or Prayer:** Your time together will start with either a focused thought or prayer. This helps center the group and set a spiritual tone for the meeting.
- **Opening Questions:** Use the provided questions to stimulate initial discussion. These can help everyone settle in and start thinking about the topic. Feel free to adjust the number of questions if you're concerned about time.

## 2. Scripture or Teaching Discussion

- **Read the Passage or Teaching:** Each session includes a passage of scripture or a teaching. Read this together as a group.
- **Discussion Questions:** Follow up with the provided questions to explore the passage or teaching more deeply. Encourage everyone to participate and share their thoughts.

## 3. The Practice Section

- **Read the Practice Section:** Each week includes a section called "The Practice." This part is meant to be read and discussed during the meeting, but not practiced together at that time.
  - **Familiarize Yourself:** As a group, read through the practice to understand what it entails. This helps everyone prepare for their individual practice during the week.
  - **Purpose of the Practice:** The practice is designed for personal time with the Lord, sometimes with a friend if the topic is particularly heavy. It aims to help individuals engage with God through various spiritual disciplines, fostering a deeper love for Him and experiencing His fullness.

## 4. Post-Practice Discussion

- **Discussion Questions:** After reading the practice section, use the provided questions to discuss any potential challenges or obstacles that might prevent group members from engaging in the practice. This is also a time to encourage and pray for each other.

## 5. Follow-Up in the Next Meeting

- **Review the Practice:** Start the next meeting with questions about how the practice went for each individual.

- **Encourage Sharing:** Allow time for members to share testimonies or discuss any difficulties they encountered.
- **Support and Encourage:** Be supportive and encouraging to those who struggled. Understand that there are many reasons why someone might find it challenging, and celebrate any steps forward they have made.

By following this structure, your home group can effectively use the Cultivate Practice Guide to grow together in faith and experience a deeper connection with God.